

## The secrets to a winning program's success



Coach Jean Kesterson, retired volleyball coach at Cathedral High School, will present on two vital topics for any successful program – ***Leadership and Developing a Quality Staff***. Kesterson shares her secrets on how to create and maintain a successful quality program on any level. She has coached at the high school level for 30 years and the collegiate for 5 years.

She was named the National Coach of the Year in 2015 by AVCA, PrepVolleyball.com, MaxPreps.com, and the National High School Coaches Association. The same year the Cathedral Fighting Irish went undefeated and won the 2015 National Championship as named by PrepVolleyball.com, Volleyball Magazine and MaxPreps. As the National Coach of the Year she coached the West Under Armour All-America team.

The Irish have won 8 state championships, 4 state-runner up and been to the state finals 14 years during Kesterson's tenure. She has coached 6 IHSAA Mental Attitude Award winners, 4 Indiana Gatorade Player of the Year honorees, 19 High School All-Americans and 10 Academic All-Americans.

Kesterson has presented at the AVCA National Convention 5 times, as well as dozens of other clinics around the country. She was on the NCAA Recruiting Task Force committee as the high school representative until her retirement. She was also a member of the National Federation of High School Hall of Fame Selection Committee, 2011-2015.

Coach Kesterson will be inducted into the AVCA Hall of Fame this December during the AVCA National Convention.