

# Women's Volleyball Recruiting Guidelines

Taken from NCSA, Next College Student Athlete

<https://www.ncsasports.org/womens-volleyball/recruiting-guidelines>

## Outside hitter recruiting guidelines

Skill	College Average	80th Percentile of College Athletes
Standing reach	7'9"	7'10.5"
Attack jump	9'1"	9'5"
Vertical jump	19.9"	22.6"
Block jump	9'1"	9'5"

### Division 1

- Average height of college volleyball player: 6'0"
- Average height range: 53% of players 6'0" and over
- Club experience: Open-level playing experience

### Division 2

- Average volleyball player height: 5'10"
- Average height range: 19.8% of athletes are 6'0" and taller; 61% of athletes are between 5'9" and 5'11"
- Club experience: National-level experience; open level preferred

### Division 3

- Average volleyball player height: 5'9"
- Average height range: 58.4% of players are between 5'8" to 5'10"
- Club experience: National and regional club level experience

### NAIA1

- Average volleyball player height: 5'10"
- Average height range: 55.7% of athletes are between 5'8" and 5'10"
- Club experience: National-level experience; open level preferred

# Opposite or right-side hitter recruiting guidelines

Skill	College Average	80th Percentile of College Athletes
Standing reach	7'9"	8'1"
Attack jump	9'3"	9'7"
Vertical jump	20.5"	23.2"
Block jump	9'3"	9'7"

## Division 1

- Average height of college volleyball player: 6'1"
- Average height range: 74.5% of athletes are 6'0" and taller
- Club experience: Open-level playing experience

## Division 2

- Average volleyball player height: 5'11"
- Average height range: 41.7% of athletes are 6'0" and taller
- Club experience: National-level experience; open level preferred

## Division 3

- Average volleyball player height: 5'10"
- Average height range: 52% of athletes are between 5'8" and 5'10"
- Club experience: National and regional club level experience

## NAIA

- Average volleyball player height: 5'10"
- Average height range: 51.9% of athletes are between 5'10" and 6'0"
- Club experience: National-level experience; open level preferred

# Middle blocker recruiting guidelines

Skill	College Average	80th Percentile of College Athletes
Standing reach	7'9"	8'1"
Attack jump	9'3"	9'7"
Vertical jump	19.8"	23.1"
Block jump	9'3"	9'6.5"

## Division 1

- Average height of college volleyball player: 6'1"
- Average height range: 43.2% of athletes are 6'2" and over
- Club experience: Open-level playing experience

## Division 2

- Average volleyball player height: 6'0"
- Average height range: 60.3% of athletes are between 5'11" and 6'1"
- Club experience: National-level experience; open level preferred

## Division 3

- Average volleyball player height: 5'11"
- Average height range: 61% of athletes are between 5'10" and 6'0"
- Club experience: National and regional club level experience

## NAIA

- Average volleyball player height: 5'11"
- Average height range: 60.6% of athletes are between 5'10" and 6'0"
- Club experience: National-level experience; open level preferred

# Setter recruiting guidelines

Skill	College Average	80th Percentile of College Athletes
Standing reach	7'4.5"	7'8.5"
Attack jump	8'9"	9'1"
Vertical jump	18.9"	21.5"
Block jump	8'9.5"	9'1.5"

## Division 1

- Average height of college volleyball player: 5'10"
- Average height range: 52% of athletes are between 5'9" and 5'11"
- Club experience: Open-level playing experience

## Division 2

- Average volleyball player height: 5'8"
- Average height range: 54% of athletes are between 5'7" and 5'9"
- Club experience: National-level experience; open level preferred

## Division 3

- Average volleyball player height: 5'7"
- Average height range: 52% of athletes are between 5'6" and 5'8"
- Club experience: National and regional club level experience

## NAIA

- Average volleyball player height: 5'7"
- Average height range: 47.6% of athletes are between 5'6" and 5'8"
- Club experience: National-level experience; open level preferred

# Libero recruiting guidelines

Skill	College Average	80th Percentile of College Athletes
Standing reach	7'0"	7'2.5"
Attack jump	8'5"	8'8.5"
Vertical jump	18.3"	20.4"
Block jump	8'3.5"	8'8"

## Division 1

- Average height of college volleyball player: 5'6"
- Average height range: 50% of athletes are between 5'5" and 5'7"
- Club experience: Open-level playing experience

## Division 2

- Average volleyball player height: 5'5"
- Average height range: 64% of athletes are between 5'4" and 5'7"
- Club experience: National-level experience; open level preferred

## Division 3

- Average volleyball player height: 5'5"
- Average height range: 54.6% of athletes are between 5'4" and 5'6"
- Club experience: National and regional club level experience

## NAIA

- Average volleyball player height: 5'5"
- Average height range: 48% of athletes are between 5'4" and 5'6"
- Club experience: National-level experience; open level preferred